

The Vascular Endothelium of the Adipose Tissue Gives Rise to Both White and Brown Fat Cells

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SUMMARY

Adipose tissue expansion involves the enlargement of existing adipocytes, the formation of new cells from committed preadipocytes, and the coordinated development of the tissue vascular network. Here we find that murine endothelial cells (ECs) of classic white and brown fat depots share ultrastructural characteristics with pericytes, which are pluripotent and can potentially give rise to preadipocytes. Lineage tracing experiments using the VE-cadherin promoter reveal localization of reporter genes in ECs and also in preadipocytes and adipocytes of white and brown fat depots. Furthermore, capillary sprouts from human adipose tissue, which have predominantly EC characteristics, are found to express Zfp423, a recently identified marker of preadipocyte determination. In response to PPAR γ activation, endothelial characteristics of sprouting cells are progressively lost, and cells form structurally and biochemically defined adipocytes. Together these data support an endothelial origin of murine and human adipocytes, suggesting a model for how adipogenesis and angiogenesis are coordinated during adipose tissue expansion.

INTRODUCTION

The obesity epidemic associated with increased risk of type 2 diabetes has underscored the need to understand the relationship between excess caloric intake, white adipose tissue (WAT) development, and metabolic disease. Mammals, including humans, also have metabolically active brown adipose tissue (BAT) (Cypess et al., 2009; van Marken Lichtenbelt et al., 2009; Virtanen et al., 2009), and BAT precursors can be found in adipose organ of adult humans (Zingaretti et al., 2009). BAT has antiobesity properties; therefore, the mechanisms by which brown adipocytes emerge under different physiological and pharmacological conditions are under intensive investigation.

Adipose tissue growth is mediated by adipocyte hypertrophy, but in obesity adipose tissue may reach 60%–70% of body

weight, requiring hyperplastic growth (Prins and O'Rahilly, 1997; Hausman et al., 2001). Therefore, defining the identity of adipocyte precursors is an area of intense interest. Markers of precursor cells giving rise to committed preadipocytes are being identified (Gupta et al., 2010), and a population of early adipocyte progenitor cells expressing stem cell markers has been characterized in mouse WAT (Rodeheffer et al., 2008). Furthermore, PPAR γ lineage tracing studies indicate that the vascular wall of adipose tissue capillaries represents the niche of adipocyte precursors (Tang et al., 2008).

Adipose tissue growth requires concomitant expansion of its capillary network (Hausman and Richardson, 2004; Christiaens and Lijnen, 2010), but how adipocyte formation and capillary expansion are coordinated is unclear. The stromal-vascular fraction (SVF) cells of adipose tissue differentiate in vitro into either an adipogenic or a perivascular phenotype (Cinti et al., 1984; Gregoire, 2001), but the identity of these progenitor cells in vivo is unknown (Gesta et al., 2007). Since cell morphological features are closely related to their function, a careful ultrastructural analysis during development could provide information on the origin and anatomical localization of adipose tissue precursors.

VE-cadherin is required for the formation of vasculature and is expressed specifically in endothelial cells (ECs) of fetal and adult mice. VE-cadherin-Cre-dependent LacZ and eGFP reporter strains show localization of the reporters in EC of many tissues (Alva et al., 2006; Monvoisin et al., 2006; Zovein et al., 2008; Speck and Iruela-Arispe, 2009). However, VE-cadherin is also expressed in subpopulations of hematopoietic cells before embryonic day 11.5 (E11.5), and thus their descendants are potentially labeled into adulthood (Alva et al., 2006; Monvoisin et al., 2006; Zovein et al., 2008). To circumvent this problem, mice in which VE-cadherin-driven Cre is induced during adulthood have also been created, resulting in negligible excision (lower than 0.4%) in the hematopoietic lineage (Monvoisin et al., 2006). Lineage tracing with constitutive and inducible VE-cadherin-driven Cre can provide information on the relationship between vascular and adipose cell development by allowing the identification of cells that express this EC gene at any point during embryonic and postnatal periods.

An additional tool to define the relationships between newly formed vasculature and the genesis of new adipocytes is the use of mouse and human adipose tissue explants cultured ex vivo (Greenway et al., 2007; Gealekman et al., 2011). In this

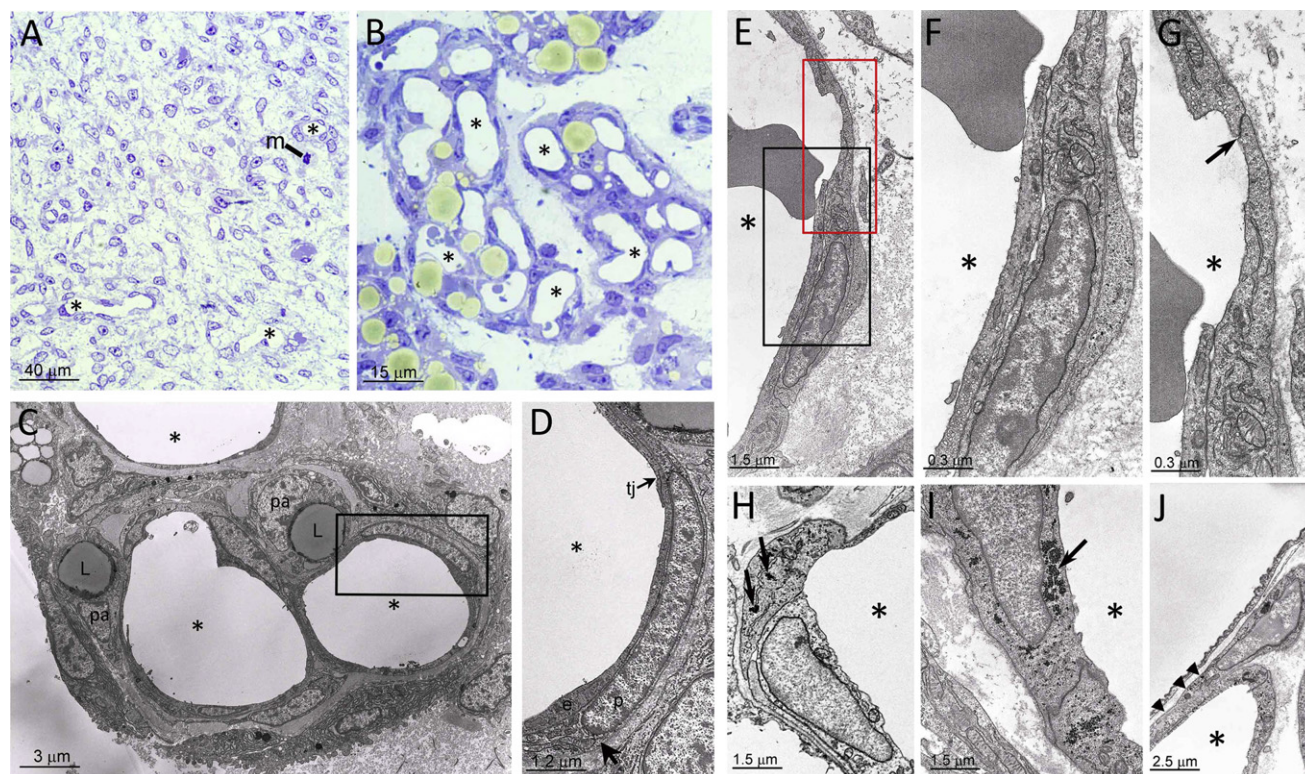


Figure 1. Murine Embryonic and Postnatal eWAT Morphology

(A) eWAT depot at E18 composed of poorly differentiated mesenchymal cells (m, mitosis; some capillaries indicated with asterisk).
 (B) eWAT at P7, where adipocytes appear yellowish in areas with abundant large capillaries (asterisks).
 (C and D) EM micrograph of a vasculo-adipocytic islet showing EC (e, elongated cells), tight junctions (tj), pericytes (p, poorly differentiated cells with glycogen granules and surrounded by a distinct basal membrane), preadipocytes (pa, cells with small lipid droplets [L]), and glycogen granules in pericyte (arrow).
 (E) EC and pericytes of a capillary wall (asterisk indicates the capillary lumen).
 (F) Enlargement of the black squared area in (E) revealing EC in endothelial-pericytic position.
 (G) Enlargement of the red squared area in (E) highlighting typical oblique tight junction (arrow) joining cell in endothelial-pericytic position to adjacent EC.
 (H) Example of cell in endothelial-pericytic position containing abundant glycogen (arrows).
 (I) Example of a “pure” EC containing abundant glycogen (arrow).
 (J) Example of a cell partially associated with the capillary wall (arrowheads) and partially abutting into the interstitial space.

manuscript, we have used these morphological, genetic, and functional approaches and obtained evidence that ECs of capillaries in developing WAT and BAT depots can give rise to mature adipocytes. Our findings will enable further studies of the biochemical and physiological cues controlling adipose tissue growth.

RESULTS AND DISCUSSION

Ultrastructural Identification of Endothelial-Pericytic Cells as Possible Intermediate between EC and Preadipocytes

Before birth, rat (Figure 1A) and mouse (not illustrated) epididymal fat (eWAT) show the typical features of a poorly differentiated mesenchymal tissue, consisting of a homogeneous population of fibroblast-like cells, often in mitosis (Figure 1A, m), in a loose connective matrix with small and sparse capillaries (Figure 1A, asterisks). In contrast, at postnatal day 6–8 (P6–8) (Figure 1B), well-circumscribed areas with a majority of cells identifiable as adipocytes due to the predominantly unilocular

cytoplasmic lipid droplets (Figure 1B, yellowish color) are observed. These areas are delimited by fibroblast-like cells and contain numerous large capillaries (Figure 1B, asterisks). These are about 3-fold larger than capillaries found in eWAT of adult animals, suggesting they have functions additional to oxygen and nutrient exchange. Adipogenesis appears to be restricted into these vasculo-adipocytic islets. Electron microscopy of these islets reveals dense collagen fibrils in the interstitial matrix and thick capillary walls due to the presence of abundant pericytes (Figures 1C and 1D). Most of the cells located in the peri-capillary position of the vasculo-adipocytic islets correspond to the cells described above by EM and show nuclear staining for transcription factors widely considered as markers of adipogenic conversion, such as PPAR γ , C/EBP α , and C/EBP β (Figures S1A–S1C). These results are consistent with studies suggesting that pericytes are precursors of preadipocytes (Iyama et al., 1979; Tang et al., 2008). Some ECs are also positive for C/EBP β (Figure S1D, arrowhead), which is located upstream of PPAR γ and C/EBP α in transcriptional control of adipogenesis (Farmer, 2006).

In about 1%–3% of vasculo-adipocytic islet capillaries, ECs exhibited unusual features by being exposed to the capillary lumen, but also extended over a vicinal EC to adopt a pericytic position (Figures 1E–1G, endothelial-pericytic cells). Importantly, the junction of these cells with adjacent EC was composed of typical oblique tight junctions (Figure 1G, arrow), confirming the endothelial nature of these cells. EC and pericytes were sometimes joined by tight junctions between a protrusion of the EC crossing the basal membrane and the complementary indentation in the pericyte (Figure S1E). Some of the ECs and endothelial-pericytic cells contain glycogen granules (Figures 1H–1J, arrows), a characteristic feature of adipocyte progenitors (Tavassoli, 1976). Almost all pericytes (Figure 1D), some ECs (Figure 1I, arrow), and cells that are partially associated with the capillary wall and also abut into the interstitial space (Figure 1J) also contain glycogen particles. These data reveal a complex relationship between cells in the vasculo-adipocytic islets where extensive adipogenesis is ongoing and suggest that endothelial-pericytic cells represent an intermediate between endothelial and preadipocyte stages (drawing in Figure S1F).

Lineage Tracing Studies Show an Endothelial Origin of Adipocytes

Data shown above suggest that EC may be among the cells that give rise to new adipocytes. To address this hypothesis, we performed VE-cadherin promoter-driven lineage tracing experiments. VE-cadherin was expressed only in ECs and not in pericytes (red arrowhead) or adipocytes of subcutaneous (scWAT) (Figure 2A) and eWAT (data not shown) of adult animals. Similarly, prior to adipocyte development in fetal and early postnatal eWAT (Figures 2B and 2C) and scWAT (data not shown) of VE-cadherin-Cre/R26R-LacZ mice, only ECs were X-gal positive. In contrast, from P6–8 (Figures 2D and 2E) to adult (Figure S2A), adipocytes at different stages of lipid accumulation in eWAT and scWAT were also X-gal positive, indicating that VE-cadherin promoter was expressed at some point during adipocyte development. Control animals were always X-gal negative (Figure S2B). To verify that the reporter was localized to the adipocyte cytoplasm, we used EM and observed a precise localization of X-gal crystals in ECs, pericytes, adipocytes (Figure S2C), and preadipocytes (Figure S2D). Similar results were found using eGFP as a reporter; in developing eWAT adipocytes of VE-cadherin-Cre/R26R-eGFP mice, perilipin and eGFP colocalized in adipocytes (Figure 2F). Internal positive control (vessels) and other eGFP-positive adipocytes are shown in Figure S2E. These results further support the hypothesis that adipocytes can develop in vivo from cells of endothelial origin.

These data prompted us to investigate whether brown adipocytes might also have an endothelial origin. Immunohistochemistry for VE-cadherin confirmed its presence in ECs and its absence in BAT pericytes and adipocytes (not illustrated). However, the interscapular region of E17–19 VE-cadherin-Cre/R26R-LacZ mice showed strong X-gal staining in both ECs and adipocytes (Figures 2G and 2H), while in the surrounding muscles only ECs were stained (Figure 2G). The X-gal staining colocalized with the classical brown adipocyte marker UCP-1 (compare Figures 2I and 2J). Moreover, in the developing interscapular brown fat depot (Figures S3A–S3B), some ECs display

characteristic markers (Figures S3C–S3E) and structural features (glycogen and mitochondria) of UCP-1-positive brown adipocyte precursors (Figures S3F–S3I). Taken together, these data strongly suggest that ECs of developing WAT and BAT capillaries are a source of adipocyte precursors. This is consistent with the finding by Gupta et al. (2012) that pericytes and some ECs of mouse adipose tissue express GFP driven by the promoter for Zfp423, which marks cells determined to form preadipocytes (Gupta et al., 2010). Moreover, PPAR γ excision with the use of the Tie-2 promoter-driven Cre-recombinase, which is expressed in a mosaic pattern in capillary endothelium (Anghelescu et al., 2005), results in a decrease in adiposity and adipocyte size in response to rosiglitazone treatment in a manner dependent on endothelial, but not bone marrow, PPAR γ expression (Kanda et al., 2009). These findings constitute further evidence supporting the possibility that certain EC populations can give rise to adipocytes.

A hematopoietic origin of adipocytes has been suggested (Crossno et al., 2006; Koh et al., 2007; Tomiyama et al., 2008). To exclude the possibility that X-gal-positive adipocytes originate from hematopoietic lineage, we complemented our studies with a tamoxifen-inducible transgenic VE-cadherin-CreER^{T2} model in which cells derived from hematopoietic precursors are not labeled (Monvoisin et al., 2006). VE-cadherin-CreER^{T2}/R26R-LacZ mice at 8 weeks of age were induced by tamoxifen injection for 5 consecutive days. Three weeks later, X-gal staining was observed in capillaries of adipose tissue, but also in numerous adipocytes distributed among the eWAT (Figures 2K and 2N), inguinal (Figures 2L and 2O), and brown (Figures 2M and 2P) depots. The number of X-gal-positive adipocytes was lower, as compared to the results described above, possibly due to a lower number of adipocytes being formed during this postnatal expansion period, but still clearly significantly above the background, observed in negative controls (Figures 2Q–2S). PPAR γ agonists affect murine adipose tissue by increasing multilocularization of existing adipocytes and by stimulating preadipocyte differentiation into mature adipocytes (Koh et al., 2009; Tang et al., 2011). Mice treated with rosiglitazone for 3 weeks following induction displayed numerous multilocular adipocytes, many of which were X-gal positive (Figures S3J–S3L). Thus, under both normal and stimulated adipogenesis, adipocytes arise from VE-cadherin expressing progenitors that are not of hematopoietic origin.

A vascular origin for white and brown adipocytes may seem to be in contradiction with the work of Seale et al., in which a common origin of BAT and skeletal muscle cells (Seale et al., 2008) was proposed. In this work, the authors found expression of YFP in skeletal muscle and BAT from Myf5-Cre/R26R3-YFP mice, consistent with both these tissues being derived from a myogenic, Myf5-expressing progenitor. Interestingly, De Angelis et al. have shown the existence of progenitor cells from embryonic dorsal aorta that express both myogenic and endothelial markers including Myf5 and VE-cadherin (De Angelis et al., 1999). Thus, one explanation for our results and those of Seale et al. is that BAT is derived from a population of VE-cadherin-positive and Myf5-positive cells, while muscle can be derived from only Myf5-positive cells. Alternatively, as the Myf5-Cre mouse model labels multiple cell lineages from somite origin (Jinno et al., 2010), somite-derived cell progenitors that

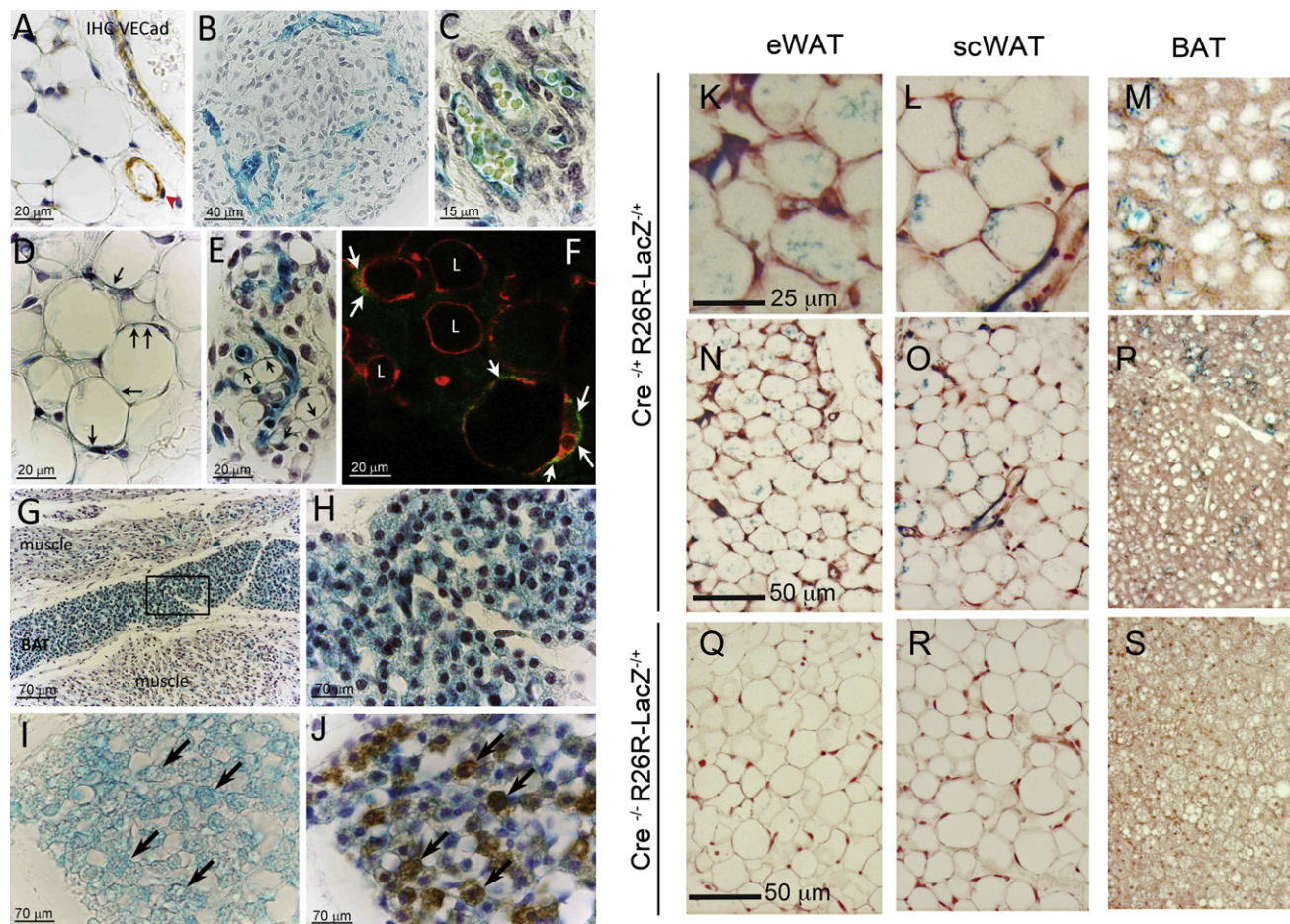


Figure 2. VE-Cadherin Lineage Tracing in WAT and BAT

(A) Immunohistochemical analysis on scWAT from VE-cadherin-Cre/R26R mice showing the specific expression of VE-cadherin only in EC (brown). Note the negative pericytes indicated by red arrowhead.

(B and C) In early neonatal eWAT, only vasculature is X-gal positive.

(D and E) scWAT (D) and eWAT (E) from P7 mice revealing X-gal staining (arrows) in developing and mature adipocytes.

(F) Confocal microscopy of eWAT from VE-cadherin-Cre/eGFP mice showing a single optical plane of adipocytes (arrows), containing eGFP (green) and perilipin (red). Some eGFP-negative/perilipin-positive adipocytes are also visible (L).

(G) X-gal-positive staining in developing BAT and in muscle capillaries.

(H) Enlargement of the squared area in (G).

(I and J) X-gal (I) and UCP-1 (J) colocalization to brown adipocytes (arrows).

(K–P) eWAT (K and N), scWAT (L and O), and BAT (M and P) adipose tissue from VE-cadherin-CreER^{T2}−/−/R26R^{−/+} mice showing X-gal-positive staining in adipocytes and ECs.

(Q–S) Adipose tissues from VE-cadherin-CreER^{T2}−/−/R26R^{−/+} control mice.

subsequently express VE-cadherin could in theory give rise to BAT. If the brown adipocyte and muscle cell fates were determined before the expression of VE-cadherin, lineage tracing experiments using the VE-cadherin-Cre mouse models would not label myocytes.

Human Adipose Tissue Endothelial Sprouts Give Rise to Adipocytes

The finding that murine cells with endothelial characteristics can give rise to adipocytes prompted us to investigate whether human adipocytes share this origin. Fragments of human adipose tissue give rise to capillary sprouts when embedded in Matrigel and cultured in proangiogenic media (Gealekman

et al., 2011). Classical EC ultrastructural features, including tight junctions, irregular nuclei, and pinocytotic vesicles, were seen in cells comprising these sprouts (Figures 3A–3D). In regions more proximal to the tissue explant, capillary lumens could be observed (Figures 3E–3G), indicating that angiogenic development is recapitulated ex vivo. Upon exposure to the PPAR_γ agonist rosiglitazone, many cells within the emerging capillary sprouts produced lipid droplets (Figures 3H–3J). These cells displayed canonical ultrastructural features of white adipocytes, including a large lipid droplet, displaced nucleus, small and elongated mitochondria, and glycogen particles distributed in the cytoplasm (Figure 3K). Interestingly, these adipocytes showed tight junctions identical to those found in sprouting EC and

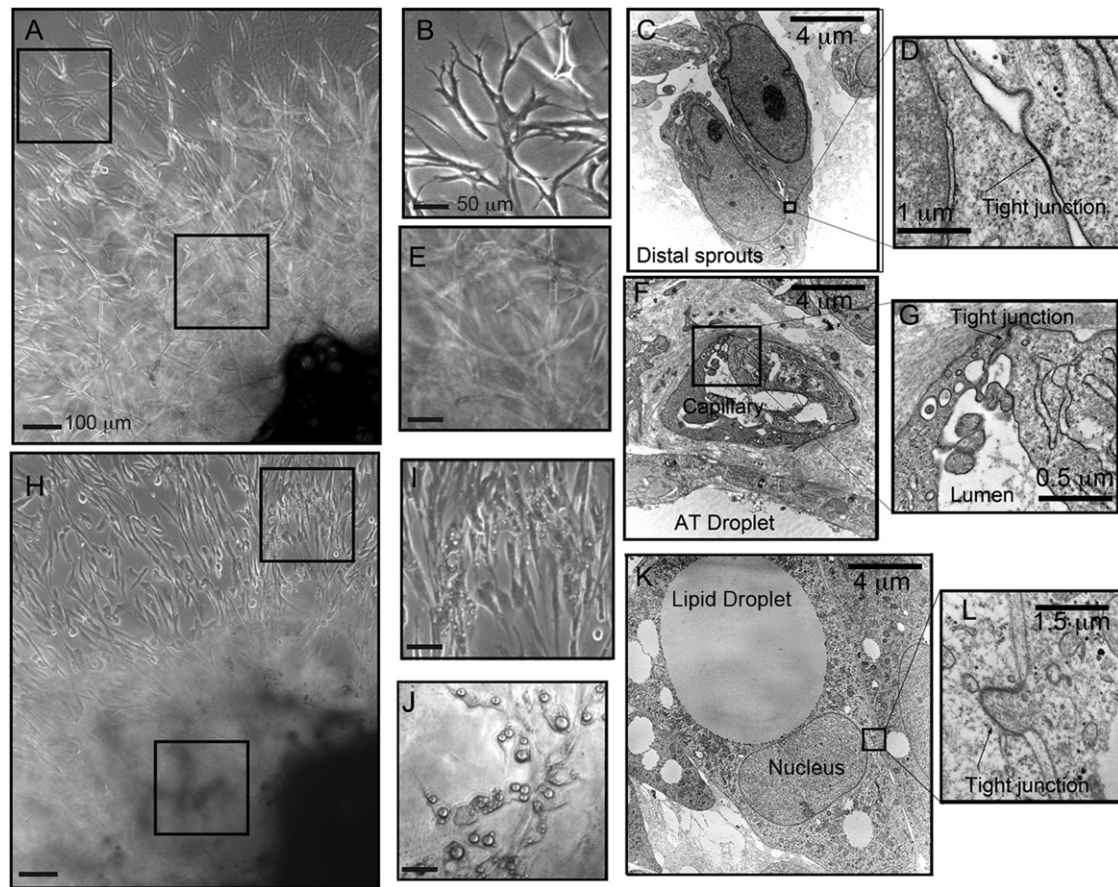


Figure 3. Effect of Rosiglitazone on Angiogenic Sprouts Originating from Human Adipose Tissue

- (A) Capillary outgrowth after 15 days of culture in the absence of rosiglitazone, indicating areas distal and proximal to the embedded explants.
 (B) Enlargement of area distal to the explants.
 (C) Electron microscopy of area similar to that shown in (B), where tight junctions can be seen to connect cells.
 (D) Enlargement of tight junction found between two ECs.
 (E) Enlargement of area proximal to the explant.
 (F) Electron microscopy of area similar to that shown in (E), revealing lumenized capillaries formed by ECs joined by tight junctions.
 (G) Enlargement of area shown in (F).
 (H) Capillary outgrowth after 15 days in the presence of rosiglitazone.
 (I) Enlargement of area distal to the explant, revealing lipid droplets in cells interspersed among the capillary sprouts.
 (J) Area proximal to the explant containing cells harboring larger lipid droplets.
 (K) Electron microscopy of lipid-laden cells revealing features of classical white adipocytes and of ECs, such as the tight junction in the squared area.
 (L) Enlargement of area outlined in (K).

between EC and pericytes in vivo (Figure 3L, compare with Figure S1). These results suggest that the processes of capillary expansion and adipocyte formation seen in explants *ex vivo* reflect those occurring in the intact organism.

We then asked whether these morphologically defined adipocytes express genes that confer adipocyte function. Induction of mRNAs encoding for the proteins GLUT4, adiponectin, and leptin and a >100-fold increase in the expression of the mRNA encoding the protein perilipin were observed (Figure 4A, top row) in parallel with decreased expression of mRNAs encoding EC proteins such as tight junction protein (TJP-1), CD34, and KDR (Figure 4A, bottom row). In addition, the transcription factor Zfp423, considered a marker of adipocyte lineage predetermination (Gupta et al., 2010), was detected and increased significantly in response to rosiglitazone

(Figure 4B). The presence of this predetermination marker and the strong induction of genes that define adipocyte function is consistent with the possibility that cells with endothelial characteristics can give rise to adipocytes in human adipose tissue.

To further examine the relationship between endothelial and adipocyte markers at a single-cell level, we performed immunofluorescence analysis. In the absence of rosiglitazone, most cells contained low or undetectable levels of perilipin (Figure 4C) and high levels of von Willebrand Factor (vWF) (Figure 4D). In the presence of rosiglitazone, a majority of cells became vWF negative (Figure 4F), but exhibited a typical morphological feature of adipocytes, perilipin-coated lipid droplets (Figure 4E). Nevertheless, approximately 5% of cells containing perilipin-coated lipid droplets also contained vWF (Figure 4G). Similar cells containing

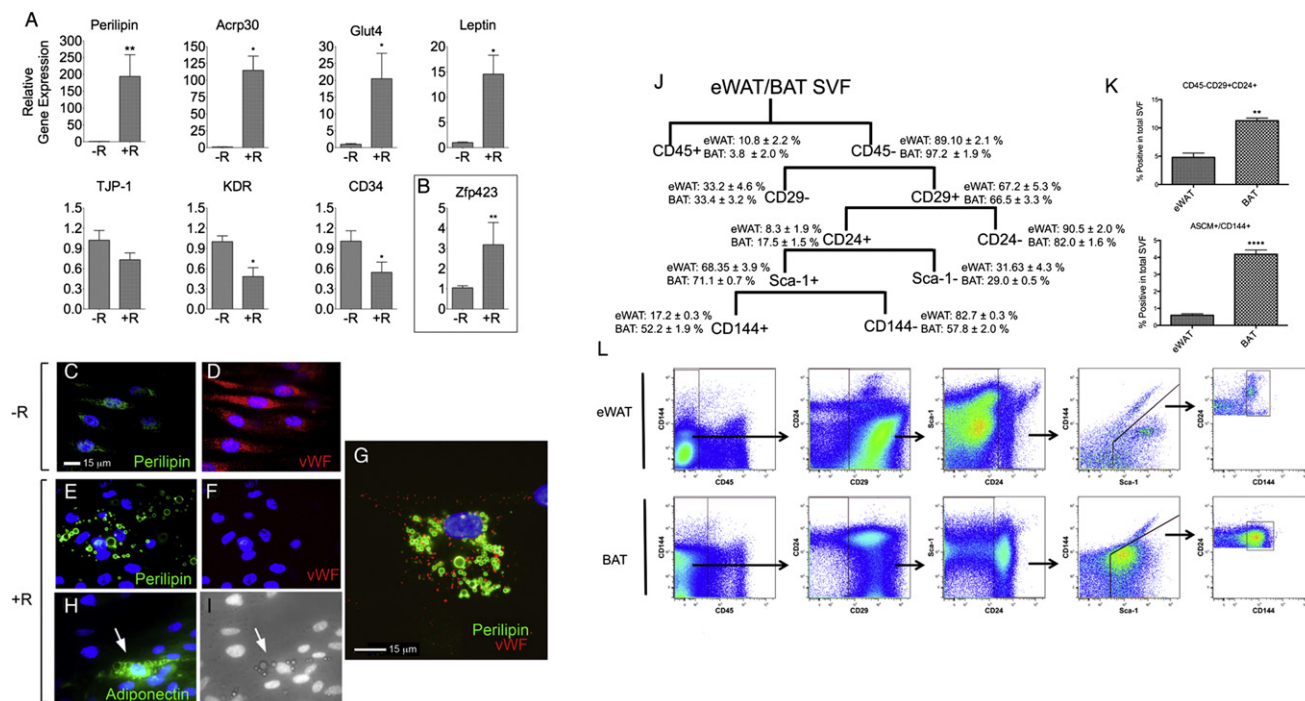


Figure 4. Coexpression of Endothelial and Adipose Cell Genes in Human and Mouse Systems

(A) Relative levels of mRNAs encoding canonical adipocyte (top row) or EC (bottom row) proteins in capillary outgrowth from explants grown for 14 days in the absence (–R) or presence (+R) of rosiglitazone.

(B) Relative levels of mRNA encoding the adipocyte predetermination marker Zfp423. Plotted are the means and SEM of 6–8 independent experiments. Statistical significance was assessed by nonpaired, two-tailed Student's t test. * $p < 0.05$; ** $p < 0.001$.

(C and D) In the absence of rosiglitazone cells growing from human adipose explants are mostly perilipin negative (green) and vWF positive (red).

(E–G) In the presence of rosiglitazone, perilipin coating around lipid droplets is present (E), with the majority of cells becoming vWF negative (F) and about 5% of cells coexpressing perilipin (green) and vWF (red) (G).

(H and I) Cells growing from adipose explants that accumulate lipid droplets in the presence of rosiglitazone (I) are also adiponectin positive (H).

(J) FACS analysis scheme of cells from SVF of eWAT and BAT.

(K) Comparison of CD45–CD29+CD24+Sca1+ population and CD45–CD29+CD24+Sca1+CD144+ (ASCM+) population between depots.

(L) Gating strategy for experiments. Plotted in graphs (K) are the means and SEM of three or four independent experiments. Data were analyzed using two-tailed Student's t test. * $p < 0.00005$; ** $p < 0.005$. Fluorescence-minus-one antibody controls are in Figure S4.

lipid droplets were also found to express adiponectin (Figures 4H and 4I), another specific feature of mature adipocytes. These results are consistent with the hypothesis that adipocytes arise from ECs or precursors expressing EC features. In line with these observations, recent findings indicate that ECs can be converted into mesenchymal stem cells, which can differentiate into adipocytes, chondrocytes, and osteoblasts (Medici et al., 2010). Furthermore, others have found that adipocytes have the potential to rapidly acquire an endothelial phenotype in vitro (Planat-Benard et al., 2004), raising the possibility that adipocytes and EC are plastic enough to undergo interconversion to maintain a homeostatic equilibrium during adipose tissue expansion and reduction.

Expression of VE-Cadherin in Adipocyte Progenitors Characterized by Stem Cell Markers

To further examine the possibility that adipocytes and ECs derived from each other or share a common precursor, we asked whether cells expressing adipocyte stem cell markers (Rodeheffer et al., 2008) were also positive for VE-cadherin (CD144). CD45– cells from the SVF were successively gated for the pres-

ence of CD29, CD24, and Sca1 (Figure 4H). Approximately 5% and 10% of the cells in the SVF of eWAT and BAT, respectively, were CD45–CD29+CD24+, and this difference was statistically significant (Figure 4I, upper panel). Approximately 17% and 52% of the CD45–CD29+CD24+Sca1+ population in eWAT and BAT, respectively, were also positive for VE-cadherin (CD144) (Figure 4H), comprising 0.5% and 4% of the cells in the SVF of eWAT and BAT, respectively (Figure 4I, lower panel). The percentages of adipogenic stem cells expressing VE-cadherin are in line with the amount of endothelial-pericytic cells found in WAT by EM studies in vivo, and the much larger proportion of VE-cadherin-positive cells in BAT is consistent with its denser vascular network. These data support the hypothesis of an endothelial origin of adipocyte populations in these depots.

In summary, we present morphological and genetic evidence that adipocytes in white and brown fat depots originate from cells that display endothelial characteristics. Further research to identify the physiological signals that determine adipocyte and/or EC fates will lead to a better understanding of the mechanisms responsible for coordinating the formation of

new adipocytes with angiogenic expansion during adipose tissue growth.

EXPERIMENTAL PROCEDURES

Animals

Male Sprague Dawley rats and B6 mice (Harlan, Udine, Italy) were studied at different developmental stages. At least five animals per group were used for morphological studies performed by light, confocal, and electron microscopy and immunohistochemistry. Homozygous VE-cadherin (VE-cadherin-Cre-recombinase) transgenic mice were crossed to homozygous ROSA26R (R26R) reporter and ROSA-eGFP lines (Jackson Laboratory, Bar Harbor, ME; stock no. 6137, 3474, and 4077, respectively) to reveal the activity of the Cre-recombinase by detection of LacZ and eGFP reporter genes. The VE-cadherin-R26R and VE-cadherin-eGFP mice were studied at developmental stage E18 (± 12 hr) and at P6–8. Heterozygous VE-cadherin tamoxifen-inducible Cre-recombinase transgenic mice (VE-cadherin-CreER^{T2}) were crossed to homozygous R26R reporter animals. VE-cad-CreER^{T2}/R26R mice (8 weeks old) were i.p. injected with tamoxifen (2 mg/day) for 5 consecutive days (Monvoisin et al., 2006). After injections, mice were fed normal diet with or without rosiglitazone (10 mg/kg/day) for 3 weeks. Mice were then sacrificed, and BAT and WAT from epididymal and inguinal depots were harvested for X-gal staining. Animal care and handling were in accordance with Italian Institutional Guidelines and the Animal Care and Use Committee at UMass Medical School.

Light Microscopy and Immunohistochemistry

Mouse and rat embryos were collected after mother perfusion with 4% paraformaldehyde in 0.1 M PB (pH 7.4) and fixed by overnight immersion in the same solution. Each embryo was then dehydrated, paraffin embedded, and oriented to be cross-sectioned through the interscapular region. Newborn rats and mice were perfused intracardially using the same fixative; bilateral testes with peri-epididymal fat were dissected and embedded in paraffin. Light microscopy, immunohistochemistry, and confocal microscopy were performed using standard methods described in the Supplemental Experimental Procedures.

Electron Microscopy and Immunogold Staining

After perfusion, small fragments of iBAT of fetal and postnatal eWAT were fixed in 2% glutaraldehyde/2% paraformaldehyde in 0.1 M PB (pH 7.4) for at least 4 hr, postfixed in a solution of 1% osmium-tetroxide and 1% potassium hexacyanoferrate (II), dehydrated in acetone, and finally epoxy-resin embedded. For immunogold staining, iBAT fragments fixed in 4% paraformaldehyde were embedded in LR White Resin (London Resin Company, Reading, UK). Sectioning, mounting, and examination are further described in the Supplemental Experimental Procedures.

X-Gal Staining for β -Galactosidase Tissue Localization

Male E18–19 and P6–8 and adult VE-cadherin-Cre/R26R mice were fixed in 2% paraformaldehyde, 0.25% glutaraldehyde in PBS (pH 7.3) for 1 hr and washed in PBS. Thick (500 μ m) cross-sections through the interscapular region of iBAT and eWAT were stained for β -galactosidase with the chromogenic substrate X-gal, sectioned, counterstained, and imaged as described in the Supplemental Experimental Procedures.

Human Adipose Tissue Explants

Human scWAT was obtained from discarded tissue of patients undergoing panniculectomy at UMASS Memorial Hospital. Pieces of 1 mm³ were prepared and embedded in Growth Factor Reduced Matrigel (BD Biosciences) on 35 mm glass-bottom culture dishes (MatTek Corporation) as described previously (Gealekman et al., 2011), in the absence or presence of 1 μ M rosiglitazone maleate. After 14 days in culture, immunofluorescence was performed as described previously (Gealekman et al., 2011). Primary antibodies used are stated in the Supplemental Experimental Procedures. For RT-qPCR, the adipose tissue fragment was mechanically excised; the endothelial sprouts remaining in the Matrigel were isolated using Dispase II (Roche, 2.4 U/ml) and centrifuged, and RNA was extracted from the pellet using an

Ambion RNA extraction kit. Probes used are specified in the Supplemental Experimental Procedures.

Fluorescence-Activated Cell Sorting

SVF from eWAT and interscapular BAT from 8-week-old mice were isolated as described (Fitzgibbons et al., 2011) and stained with blue stain (Invitrogen) at 4°C for 20 min. Cells were incubated with anti-mouse CD16/CD32 (BD Biosciences) for 15 min and then with respective FACS antibody for 2 hr at room temperature. Antibodies used are stated in the Supplemental Experimental Procedures.

SUPPLEMENTAL INFORMATION

Supplemental Information includes four figures and Supplemental Experimental Procedures and can be found with this article online at doi:10.1016/j.cmet.2012.01.008.

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